**Naming Opposites**

This is a simple exercise you can use to start the day. It's a great "warm-up" activity. Create a list of ten words and then ask for the opposite of each one.

Once the list is mastered you can create a new one. Remember to keep it challenging, but not too difficult. If your loved one can only give you an antonym for two out of ten words, you might want to choose new words for your list.

Expressive and Receptive Language exercises for Antonyms:

***Expressive Activity***

**Examples to elicit expressive responses:**

* Easy: What is the opposite of up?
* Moderate: What is the opposite of full?
* Difficult: What is the opposite of accept?

***Receptive Activity***

To make this a ***receptive exercise*** (which will include prepositions) you will have to present objects and manipulate them to demonstrate different positions.

For example, to demonstrate the prepositions; *in, on,* and *beside,* you can use a box and two spoons.

First, place one spoon *on* the box and the other spoon *beside* the box.

Ask, *"Which spoon is* ***on*** *the box?"*

Have the student attempt to choose the appropriate spoon. Remember to always ***praise their effort*** whether the answer is right or wrong.

As you change the location of the spoons you will challenge your loved one's understanding of each preposition or antonym provided ***(in, out, on, off, beside, behind, in front).***

You can also increase the difficulty of each question by increasing the number of objects used (in this case they were *spoons*).

For example, you can use three spoons - one *in* the box, *beside* the box, and *on* the box. Then ask, *"which spoon is beside the box?"*

With a little creativity you can create a variety of expressive and receptive language exercises using antonyms (opposites).